



**15 km route.** Start time 6:15 am: Start at the main slipway and proceed along the road past the Munro Bay campsite towards the exit of Midmar dam. At the exit sign turn left and proceed past the Howick AC clubhouse down the “yellow brick road” turn right at the traffic circle. Proceed along the road to a turnaround point about 200 metres past the Morgenzon Camp site turnoff. Proceed back to Morgenzon Campsite road and turn right. Proceed along this road and when you reach the T-junction turn left. Proceed along this road to the turnaround point. Proceed along the road back to the T-junction and turn left and continue until you reach the traffic circle. Continue straight past the circle to the finish to the restaurant at the main slipway area.