

Collegians Harriers Longest Day 100 Kilometre Club



Criteria : 100 Kilometres in 12 Hours

Some runners have met the criteria on more than one occasion.

The following list represents the individuals best performance (in kilometres), in the year in which that performance was achieved and also the number of times the criteria has been met.

| Best Distance | Year | No. |
|---------------|------|-----|
|---------------|------|-----|

WOMEN

| | | | | |
|------------|---------------|---------|------|---|
| Sajida | Abdool | 101.85 | 2007 | 1 |
| Olive | Anthony | 100.67 | 1998 | 1 |
| Lizette | Botha | 101.39 | 2014 | 2 |
| Debby | De Koning | 109.79 | 2002 | 1 |
| Tammy | Dennill | 110.42 | 2000 | 6 |
| Julie | Fourie | 105.5 | 2011 | 1 |
| Anita | Jacobs | 116.9 | 2003 | 1 |
| Laurensia | Lindengo | 105.724 | 2000 | 1 |
| Veronica | Mahlati | 118.64 | 2003 | 7 |
| Joy | Mullin | 109.68 | 2001 | 1 |
| Nokukhanya | Nsibande | 104.45 | 2006 | 1 |
| Rauna | Paulus | 113.199 | 2000 | 1 |
| Elize | van der Merwe | 107.18 | 2008 | 2 |

MEN

| | | | | |
|----------|---------------|---------|------|---|
| Ian | Abrams | 105.55 | 2006 | 2 |
| Anthony | Albrightson | 114.256 | 2015 | 3 |
| John | Barnard | 100 | 1996 | 1 |
| Bryan | Botha | 102.73 | 2009 | 1 |
| Gustav | Brink | 100 | 2000 | 2 |
| Sabelo | Buqa | 107.58 | 2017 | 1 |
| Henk | Carstens | 108.78 | 2007 | 1 |
| Paddy | Collins | 101.69 | 2010 | 1 |
| Danie | Croeser | 100 | 1996 | 1 |
| Errol | Cunnama | 100 | 2000 | 1 |
| Greg | Dardagan | 110.96 | 2016 | 1 |
| Keith | Dauth | 101.678 | 1996 | 1 |
| Salomo | Davids | 129.729 | 2000 | 1 |
| John | Davis | 119.866 | 1998 | 6 |
| Jakes | De Beer-Kotze | 112.27 | 1997 | 1 |
| Craig | Dennill | 106.678 | 1996 | 3 |
| Jackie | Dumakude | 100.63 | 2003 | 6 |
| Derek | Ferguson | 117.539 | 1999 | 1 |
| Johannes | Gawaxamab | 100 | 2000 | 1 |
| Rob | Geers | 102.674 | 1997 | 1 |
| Gerald | Gouvea | 100 | 1997 | 1 |
| Joseph | Gwala | 125.83 | 2004 | 3 |
| Trevor | Hadebe | 100 | 1997 | 3 |
| Sipho | Hadebe | 100 | 1999 | 1 |
| Cliff | Hagerman | 103.01 | 2004 | 3 |
| Jannie | Herbst | 117.95 | 2007 | 4 |

| | | Best Distance | Year | No. |
|---------------|--------------------|---------------|------|-----|
| Petros | Hlongwane | 105.735 | 2018 | 1 |
| Steve | Hobbs | 106 | 2008 | 3 |
| Matthew | Hoeb | 121.105 | 2000 | 2 |
| Lance | Hudson | 100 | 1998 | 1 |
| Kevin | Humphreys | 107.52 | 2003 | 1 |
| Isak | Izaaks | 108.22 | 2000 | 1 |
| Jackie | Jackpersadh | 101.87 | 2003 | 1 |
| JJ | Janse van Rensburg | 110.84 | 1999 | 2 |
| Tom | Jenkins | 103.14 | 2000 | 1 |
| Bradley | Kavanagh | 110.82 | 2014 | 4 |
| Mzwakhe | Khanyile | 142 | 2012 | 6 |
| Khombokwakhe | Khumalo | 111 | 2011 | 1 |
| Darryl | King | 101.435 | 2000 | 1 |
| Chris | Koch | 101 | 2010 | 1 |
| Stanley | Kuzwayo | 100 | 1997 | 1 |
| Paul | Lancaster | 100 | 1999 | 1 |
| Bernard | Louise | 100 | 1996 | 2 |
| Edmund | Luiz | 104.46 | 2012 | 1 |
| Joe | Maartens | 101.369 | 1999 | 1 |
| Christian | Makhanya | 110.03 | 2005 | 1 |
| Richard | Marie | 100 | 1996 | 4 |
| Gary | Marquis-Jones | 102.04 | 2012 | 1 |
| Sibonelo | Mashimane | 112 | 2014 | 4 |
| Caiphaz | Mavundla | 100 | 1996 | 1 |
| David | Mbethe | 100 | 2000 | 1 |
| Fred | McKenzie | 106.75 | 2014 | 2 |
| Ernest | Mcwabe | 100 | 1997 | 1 |
| Voice | Mgenge | 100 | 1996 | 1 |
| Lawrence | Mghabi | 141.41 | 2003 | 1 |
| Bethuel | Mhlongo | 118.74 | 2002 | 2 |
| Dave | Mkhize | 104.32 | 2005 | 1 |
| Harrison | Mkhulise | 120.28 | 2008 | 1 |
| Parick | Mkize | 119.34 | 2011 | 2 |
| Goodman | Mngomezulu | 108.13 | 2005 | 1 |
| Welcome | Mngqosini | 100 | 1996 | 1 |
| Sebelo | Mnguni | 120.71 | 2005 | 1 |
| Henk | Moen | 124 | 2011 | 4 |
| Emmanuel | Msomi | 108.33 | 2011 | 1 |
| Nkosithandile | Mvelase | 124.18 | 2012 | 3 |
| Ramurthi | Naidoo | 102.48 | 2006 | 1 |
| Bonginkosi | Ncube | 112.28 | 2003 | 1 |
| Mdu | Ndimande | 100.22 | 2017 | 1 |
| Bongani | Ndlovu | 113.68 | 2007 | 4 |
| Ephraim | Ndlovu | 100.93 | 2002 | 1 |
| Jan | Nel | 112.69 | 2002 | 2 |
| Obert | Ngcobo | 143.99 | 2003 | 4 |
| Maxwell | Nkosi | 103.34 | 2004 | 1 |
| Thokozani | Ntuli | 112.55 | 2004 | 1 |
| Alson | Nzama | 101.007 | 2018 | 1 |
| Matthews | Nzimande | 134.46 | 2002 | 1 |
| Terry | Oldbury | 105.763 | 1998 | 2 |
| Gerald | Pavel | 102.91 | 2017 | 1 |
| Wellington | Phakathi | 137.04 | 2003 | 10 |
| Laurie | Rautenbach | 100 | 1997 | 3 |
| Barry | Reed | 128.534 | 1999 | 4 |
| Russell | Sclanders | 100.66 | 2006 | 1 |
| Paul | Selby | 110.009 | 1997 | 6 |

| | | Best Distance | Year | No. |
|-----------|----------------|------------------|------|-----|
| Nick | Sissing | 102.13 | 2003 | 1 |
| Mike | Skinner | 108.045 | 1998 | 2 |
| Frans | Spring | 100 | 1998 | 1 |
| Reiner | Stucky | 100.94 | 2003 | 1 |
| Deon | Stumke | 100.17 | 2006 | 1 |
| Joe | Sullivan | 100 | 1999 | 1 |
| David | Taylor | 100 | 2001 | 1 |
| Andries | Thirion | 100.68 | 2000 | 1 |
| Kristian | Tierney | 112 | 2011 | 1 |
| Barry | Trevor-Roberts | 122.33 | 2010 | 1 |
| Donald | Underwood | 100 | 1996 | 1 |
| Lukas | van der Merwe | 107.57 | 2010 | 2 |
| Steve | van Dyk | 111.04 | 2001 | 2 |
| Cyril | van Whye | 105.09 | 2007 | 1 |
| Dumisani | Vilakazi | 103.33 | 2003 | 1 |
| George | Waswa | 103.77 | 2012 | 2 |
| Dean | Wight | 102 | 2012 | 1 |
| Norrie | Williamson | 122.891 | 1997 | 1 |
| Les | Willows | 100.66 | 2009 | 1 |
| Stefan | Wilmans | 110.7 | 2004 | 1 |
| Jacob | Zitha | 104.12 | 2012 | 1 |
| Mdumiseni | Zondi | 122.49 | 2017 | 2 |
| Philemon | Zuma | 102 | 2011 | 1 |