



**KWAZULU-NATAL
ATHLETICS**

2023 CROSS COUNTRY CALENDAR

Leagues & date	Venue & District	Host Club	Chairperson & contact	X-C Captain
Parlauf 17 March 2023	Westville Clubhouse Ethekwini	Westville A.C	Kylie Griffin – 0825630574 director@kzneia.co.za	Kylie Griffin 0825630574
League 1 18 March 2023	Richards Bay Complex King Cetshwayo	Qhakaza A.C	Lilly Dillies- 0824718853 octavedillies@yahoo.com	Stacey Pretorius 0646824742
League 2 01 April 2023	Laddsworth P School Umgungundlovu	Hilton Harriers A.C	Jeff Speed- 0828924215 jeffspeed@telkomsa.net	Jeff Speed 0828924215
League 3 22 April 2023	Ndwedwe Sports Ground Ilembe	Thandolwethu A.C	Cebolenkosi Maphumlo- 0736668441 Maphumulocebo@gmail.com	Nkosingiphile Zuma 0734275797
League 4 22 April 2023	Howick Sports Complex Umgungundlovu	Umngeni Howick Academy A.C	Ntokozo Mlotshwa-0734923882 Numlotshwa 987@gmail.com	Ntokozo Mlotshwa 0734923882
League 5 23 April 20 23	KwaBhukuda Zululand	Edumbe A.C	Busi Dlamini- 0834797780 Dlamini62@gmail.com	Vincent Mthethwa 0760220436
League 6 29 April 2023	KuNyinyani(KwaZuma) Umkhanyakude	Manguzi A.C	Dr Gama Nhlonzi -0721484555 Nhlonzignb@gmail.com	SS Vumase 0731942341
League 7 06 May 2023	UELZEN Primary School Mzinyathi	Biggersburg A.C	Siyabonga Ngobese – 0833778959 ngobesemabonga@gmail.com	Siyabonga Ngobese 0833778959
League 8 06 May 2023	Honey Trails, Monteseel Ethekwini	Kearsney Striders A.C	Andrew Fleming - 0824415897 andrew@flemingcivils.co.za	Peter Edward 0848888444
League 9 13 May 2023	Ulundi Stadium Zululand	Siyathuthuka A.C	Sabelo Ndlovu – 0824338249 Sabelondlovu257@gmail.com	Nkosingiphile Sibiyi 0783316632
League 10 13 May 2023	Collegians Club Umgungundlovu	Collegians Harriers	Les Burnard – 0823367244 Collegians.harriers@gmail.com	Les Burnard 0823367244
League 11 20 May 2023	Bulwer Sappi Harry Gwala	Fast Runners A.C	Pinky Zondi – 0722174072 pinkyzondi@gmail.com	Xolisile Didi 0823050538
League 12 20 May 2023	Liv Village Ilembe	Liv 2 Run A.C	Lindi Meyer – 0765732708 run@liv-village.com	Phakamani Madlala 0848367123
League 13 27 May 2023	Nkantolo Madungeni Ugu	Umzumbe Dev A.C	Emmanuel Lushaba – 0829359220 qhawamahle@hotmail.com	Emmanuel Lushaba 0655303820
League 14 03 June 2023	Nquthu Stadium Mzinyathi	Asiyeni A.C	Mpumelelo Zungu- 0710949729 Mzamazungu41@gmail.com	Mpumelelo Zungu 0710949729
League 15 17 June 2023	Newcastle - Avopark Amajuba	Vlam A.C	Mduduzi Vilakazi – 0735326615 mduduzijl@gmail.com	Mduduzi Vilakazi 0735326615
League 16 24 June 2023	Riverview Cricket Field Mkhanyakude	Umfolozi A.C	Sipho Tembe – 0726206313 siphotembe@gmail.com	Sipho Tembe 0726206313
League 17 24 June 2023	Jeffrey Zungu Stadium Harry Gwala	Ixopo A.C	Conrad .T Chemane- 0767721128 Conrad49@live.com	Conrad Chemane 0767721128
League 18 01 July 2023	Utrecht Amajuba	Utrecht A.C	Moses Xulu – 076110926 Vmxulu7323@gmail.com	Moses Xulu 076110926
League 19 01 July	Bushman Bush Ethekwini	Savages A.C	Dave Williams- 031 5643702 Williams6@telkomsa.net	Dave Williams 031- 5643702
League 20 08 July 2023	Sigweje High School Uthukela	Wasbank A.C	Sifiso Nzuzza – 0724503481 Sifiso.nzuzza60@gmail.com	Sifiso Nzuzza 0724503481
League 21 15 July 2023	Gelofte High School Ethekwini	PDAC	Lise Muchna - 0826567707 plumbcare@mweb.co.za	June Watson 0824213037
League 22 22 July 2023	St Patrick's College Harry Gwala	CKS	Tessa van Vuuren – 039 7272888 sport@stpatrickcollege.co.za	Tessa van Vuuren 039 7272888
League 23 22 July 2023	Hutchinson Park Toti Ethekwini	Amanzimtoti A.C	Charles Botha -0828717181 Cbotha01@telkomsa.net	Riaan Vosloo 07845719361
KZNA CHAMPS 5 August 2023	Ulundi Stadium Zululand	Siyathuthuka A.C	Sabelo Ndlovu -0824338249 Sabelondlovu257@gmail.com	Sabelo Ndlovu 0824338249
ASA CHAMPS September	TBC	TBC	TBC	TBC



**KWAZULU-NATAL
ATHLETICS**

2023 District Cross Country Championships

Date	Venue	District	Host Club	Chairperson
22 July 2023	Pomeroy Sports Complex	Mzinyathi	Msinga Development A.C	Sabelo Zondi – 0720400084 Sabelozondi1@gmail.com
22 July 2023	Sappi Sports Field	Ilembe	Mandini Harriers A.C	Raymond Nkwanyana-0842296698 Raymond.nkwanyana662gmail.com
22 July 2023	Eshowe Sports Field	King Cetshwayo	Eshowe Striders A.C	Mmiseni Biyela- 0795283750 sbnisimbiyela@gmail.com
29 July 2023	Vulekani Special School	Harry Gwala	Umzimkhulu A.C	Rabaza Ntsikelelo- 0723049629 umzimkuluac@gmail.com
29 July 2023	Ndumo Sports Ground	Mkhanyakude	Manguzi A.C	Dr Gama Nhlonzi- 0721484555 Nhlonzigb@gmail.com
29 July 2023	Protea Sports Centre	Umgungundlovu	Protea Striders	Gorden Pillay-0763883700 comradescoach@gmail.com
29 July 2023	Dannhauser Sports Ground	Amajuba	Fulathela A,C	Nkosinathi Zulu- 0737211655 Nkosinathizulu5@gmail.com
29 July 2023	UKZN Gate 10	Ethekwini	Pantane A.C	Mdu Khumalo-0614363967 Mdu.khumalo@golddev.co.za
29 July 2023	Ulundi Stadium	Zululand	Ulundi Striders	Moses Gazu-0799464465 gazumoses@yahoo.com