

Collegians Harriers Club Champ Rules for 2023

- 1 The club champion will be runner with the most points accumulated in 8 races and the Herman's Delight 7,3 km course. Should a runner compete in more than 8 events then the best 8 scores will count.
- 2 Points will be awarded to men and women in a separate log as follows:
Race winner's time divided by your time multiplied by 100.
eg winner's time 1 hour, your time 2 hours. Points earned 50.
- 3 Members who compete in less than 5 runs will not be considered for a category prize.
- 4 A runner's age category will be determined by their age as at 1 July (not applicable to Juniors)
- 5 A runner may only score in one event where a race covers multiple distances.
- 6 A runner's fastest time in the 7.3 km Herman's Delight time trial during the months of February and October will score points.
- 7 Members will be eligible to score points once their subs are paid for 2023. Existing members have until 28 February to pay their club subscription.

